

Safety Video - *this video will show you how to be safe on campus, at home, and in the community. You will also learn about the University Police Department (UPD), and you will meet the UPD International Student Liason Officer, Delmar Thompkins.*

- 1) This video will show you how to be safe on campus, at home, and in the community.
- 2) If you ever feel unsafe, **ASK FOR HELP**. The members of the **University Police Department (UPD)** are here to help you. Please use them! Also, be sure to know your rights and how you should be treated by the police. UPD offers an **ESCORT SERVICE-CALL** UPD if you would like a ride to your car, dorm, or the bus stop (if you feel unsafe on campus, late at night for example).
- 3) Always use the “buddy system,” meaning always walk with another person that you know. Another UPD service is the Campus Blue Light System: if there is an emergency on campus at night, find a Blue Light pole and push the button to call UPD. An officer will arrive in less than a minute!
- 4) **In case of an emergency on campus:** Dial 5555 from any campus phone, OR: Using your cell phone, Dial 707-826-5555. If you have a life-threatening emergency, dial 911 immediately from any phone! Refer to page **0000** of your Humboldt Life Handbook for instructions on how to make a 911 call.
- 5) An Active Shooter situation on-campus is incredibly unlikely, but it’s always a good idea to be prepared! If someone is on campus with a gun: 1) **RUN** – escape if possible and call 911. 2) **HIDE** – if no escape is possible, hide and lock or barricade the doors. Silence your cell phone and quietly call 911 if possible. 3) **FIGHT** – defend yourself if necessary! Use physical aggression to stop or incapacitate the shooter.
- 6) Because of the weather, you will probably “**catch a cold.**” If you are becoming sick, you do **NOT** need to go to the Hospital. Instead, go to the **Student Health Center**. Avoid spreading germs by covering your cough with your elbow, and NOT your hand. Be sure to wash or sanitize your hands often to stay healthy.
- 7) **Do use caution** when walking alone at night. **Always use the crosswalk... it’s the law!** (You can get a “jaywalking” ticket for breaking this law. It can cost around \$200!) Be sure to **Look both ways** before crossing the street. **Do Not** expect cars to stop for pedestrians. Know what the street signs mean.
- 8) You can buy a bicycle for easy transportation around town. Arcata is very bicycle-friendly. Be sure to ride your bike in the same direction as cars. **Always** wear a helmet. **Don’t** expect cars to stop for you; be sure to make eye contact with the car drivers before turning. **It’s a good idea to review ALL bicycle laws before riding a bike in vehicle traffic.**

- 9) Here is a comprehensive list of weapons that are **PROHIBITED** on campus: “Firearms, ammunition, switch-blade knives, dirks, daggers (knives with more than one edge sharpened), ice picks, non-folding knives with fixed blades longer than 2½”, bows & arrows, swords, nunchaku, metal knuckles, belt buckle knives, billy clubs, slingshots, air-powered (airsoft) replica guns, BB devices/guns, spot markers or paintball guns, laser guns, stun guns, Tasers®, and less lethal weapons” (<http://humboldt.edu/police/faq.html>). **Do NOT** bring any weapons to class or on campus. You could get into *serious* trouble.
- 10) **Stay Alert!** Do use caution when walking alone at night. **Always be aware** of your surroundings. **Always lock the doors & windows** of your home at night when leaving; leave your car locked also. **Do Not** buy drugs from anyone. **Do Not** leave your drink unattended. **Do Not** use dark alleyways as shortcuts.
- 11) **Do not carry lots of cash!** Avoid flashing your money. Don't give thieves a reason to rob you. Instead, get a bank account and use a debit/credit card for day to day transactions.
- 12) Smoking is ONLY allowed in some places on campus. Look for the SIGN that says you can smoke there. In California, it is illegal to smoke inside of any public building, or within 20 feet of an entrance to a public building. Putt your cigarette “butts” in an ashtray.
- 13) **Marijuana is ILLEGAL under Federal Law.** We advise you to avoid people using marijuana. Buying, selling, or using **ANY** drugs can : Lead to legal trouble with the State/Federal government, Jeopardize your Visa, Result in expulsion from the program, Cost you lots of money!
- 14) In America, the drinking age is **21**. **If you are under 21, it is illegal for you to drink alcohol.** Even if you are 21 or older, you cannot drink alcohol in on-campus housing. If you break this law, you can go to jail, be fined up to \$500, and/or have to do community service. At a party, keep an eye on your drink. Also, know what you're eating. Ask somebody if you're not sure!
- 15) We often experience small earthquakes in Humboldt County. When an earthquake is happening: Stay Calm! They are short-lived and will pass quickly. Stand in a doorway or under a sturdy desk or table. Watch this video
- 16) Always be prepared! Notice the Emergency Assembly Point (EAP) posters – there is one in every classroom. **KNOW** what fire alarms are, where they are located, what they sound like, and how to use one. **DO NOT use the fire alarm unless there is a fire! It's against the law! The building will be evacuated and there is a \$5000 fine!** Do not open any doors that say Emergency Exit Only – an alarm will sound!

- 17) **Don't** swim where the current is too strong. Never turn your back on the ocean! In Northern California, there are "rip tides" and "sneaker waves." Both are dangerous. Don't go swimming unless you are a strong swimmer.
- 18) If you have any questions about LAWS, SAFETY, or anything else, you can go to the University Police Department. They are here to help you! They are very nice.
- 19) (VIDEO)